ICD-10 Indications and Selection of Codes

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Which diagnosis will pay more?

Which one will take me higher?
A better way to look at it

Payment Level for Service

Diagnosis A

Diagnosis B

A better question: Which one will take me to a payable level for this service?
A better way to look at it

Payment Level for 76811—Ultrasound, fetal and maternal evaluation plus detailed fetal anatomic examination

Payment Level

Z34.82

O09.522
O99.212
O24.112
Diagnosis coding for MFM can be challenging

- The majority of services will be found in Chapter 15 and/or Chapter 21 in ICD-10
- However, knowledge of all other sections will be necessary
Chapter 15 (O00-O9A)

**Code Groups**

- **O00-O08** Pregnancy with abortive outcome
- **O09-O09** Supervision of high-risk pregnancy
- **O10-O16** Edema, proteinuria and hypertensive disorders in pregnancy, childbirth and the puerperium
- **O20-O29** Other maternal disorders predominantly related to pregnancy
Chapter 15 (O00-O9A)

**Code Groups**

- **O30-O48** Maternal care related to the fetus and amniotic cavity and possible delivery problems
- **O60-O77** Complications of labor and delivery
- **O80-O82** Encounter for delivery
- **O85-O92** Complications predominantly related to the puerperium
- **O94-O9A** Other obstetric conditions, not elsewhere classified
Chapter 15 (O00-O9A)

- Used for conditions related to or aggravated by the pregnancy, childbirth, or by the puerperium
- Codes from other chapters can be reported but Chapter 15 codes have sequencing priority (first-listed)
- Most codes require identification of trimester
- Weeks gestation code (Z3A.-) should be reported in most cases
Chapter 15 (O00-O9A)

• Trimester counted from *first day of LMP*

• Trimester based on the trimester documented (trimester or number of weeks) for current encounter/admission
  • Applies to pre-existing conditions and those that develop during or are due to pregnancy

• Delivery during current encounter coded using “in childbirth” option if present
Chapter 15 (O00-O9A)

- 1\textsuperscript{st} trimester: less than 14 weeks 0 days
- 2\textsuperscript{nd} trimester: 14 weeks 0 days to 27 weeks 6 days
- 3\textsuperscript{rd} trimester: 28 weeks 0 days until delivery
- Additional code from category Z3A (weeks of gestation) should be reported to identify specific week of pregnancy
  - Z3A.12 = 12 weeks gestation
  - Z3A.28 = 28 weeks gestation
Diagnosis coding for MFM can be challenging

- There is not always the degree of specificity that we would like...
  - All fetal anomalies are largely limited to only 10 codes the O35 subsection
- Patients who see an MFM provider often have multiple conditions
  - There are only 4 diagnosis code slots per procedure line on CMS-1500
  - Some conditions in pregnancy require 2 (or 3) codes to report a single condition
MFM tips and strategies for ICD-10-CM

• Understand the categories in pregnancy
  • “Supervision”
    • Used for regularly scheduled antepartum visits
      • Z34.02
      • O09.813
      • O09.891
    • Some exceptions
      • O09.513/O09.522
      • O09.33
      • O09.293
MFM tips and strategies for ICD-10-CM

- Understand the categories in pregnancy
  - “Conditions”
    - O24.415
    - O23.12
    - O41.03X0
    - O44.23
MFM tips and strategies for ICD-10-CM

- Understand the categories in pregnancy
  - “Conditions that require multiple diagnoses”
    - O10.112 I11.9
    - O24.013 E10.9
    - O26.613 K83.1
MFM tips and strategies for ICD-10-CM

• Understand the categories in pregnancy
  • “Broad condition categories”
    • O98 Maternal infectious and parasitic diseases classifiable elsewhere but complicating pregnancy, childbirth and the puerperium
    • O99 Other maternal diseases classifiable elsewhere but complicating pregnancy, childbirth and the puerperium
O99 codes

- O99.0- Anemia (D50-D64)
- O99.1- Blood diseases (D65-D89)
- O99.21- Obesity (E66.-)
- O99.28- Endocrine (E00-E89)
- O99.31- Alcohol (F10)
- O99.32- Drug use (F11-F16, F18-F19)
- O99.33- Tobacco use (F17)
O99 codes

- O99.34- Other mental disorders (F01-F09 and F20-F99)
- O99.35- Nervous system (G00-G99)
- O99.4- Circulatory system (I00-I99)
- O99.5- Respiratory system (J00-J99)
- O99.6- Digestive system (K00-K93)
O99 codes

- O99.7- Skin and subcutaneous tissue (L00-L99)
- O99.8- Other specified diseases and conditions
- O9A.- Malignant neoplasms, injuries and abuse

- O99.89 Other specified diseases and conditions complicating...
  - Systemic Lupus (M32.0 – M32.9)
Chapter 21  (Z00-Z99)

• Z03.7- Encounter for suspected fetal and maternal conditions ruled out
• Z04.- Encounter for examination and observation for other reasons
• Z34.- Encounter for supervision of normal pregnancy
• Z36.- Encounter for antenatal screening of mother
Chapter 21  (Z00-Z99)

- Z3A.- Weeks of gestation
- Z37.- Outcome of delivery
- Z39.- Encounter for maternal postpartum care and examination
- Z80 – Z84 Family history of...
- Z85 – Z87 Personal history of...
Let’s test your knowledge...

- All questions will begin with:

  “Which diagnosis(es) best communicates the patient’s condition and situation?”
Type 1 diabetic, well-controlled, 26 weeks

<table>
<thead>
<tr>
<th>ICD-10 Codes</th>
<th>ICD-10 Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>O24.012</td>
<td>Type 1 diabetes in pregnancy, 2nd trimester</td>
</tr>
<tr>
<td>E10.9</td>
<td>Type 1 diabetes, without complications</td>
</tr>
<tr>
<td>Z3A.26</td>
<td>26 weeks gestation</td>
</tr>
</tbody>
</table>

**CPT Codes**

<table>
<thead>
<tr>
<th>CPT Codes</th>
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<tbody>
<tr>
<td>9921X</td>
<td>Outpatient estab. patient visit, level undetermined</td>
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</table>
### ICD-10 Codes

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>O09.512</td>
<td>Supervision of elderly primigravida, 2nd trimester</td>
</tr>
<tr>
<td>O10.012</td>
<td>Pre-existing essential hypertension complicating pregnancy, 2nd trimester</td>
</tr>
<tr>
<td>Z3A.18</td>
<td>18 weeks gestation</td>
</tr>
</tbody>
</table>

### CPT Codes

<table>
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<tbody>
<tr>
<td>9921X</td>
<td>Outpatient estab. patient visit, level undetermined</td>
</tr>
</tbody>
</table>
Antepartum visit for Crohn’s disease w/o complications, 32 weeks

<table>
<thead>
<tr>
<th>ICD-10 Codes</th>
<th>ICD-10 Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>O09.893</td>
<td>Supervision of other high-risk pregnancy, 3rd trimester</td>
</tr>
<tr>
<td>O99.613</td>
<td>Diseases of the digestive system complicating pregnancy, 3rd trimester</td>
</tr>
<tr>
<td>K50.90</td>
<td>Crohn’s disease, unspecified, without complications</td>
</tr>
<tr>
<td>Z3A.32</td>
<td>32 weeks gestation</td>
</tr>
</tbody>
</table>

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</thead>
<tbody>
<tr>
<td>9921X</td>
<td>Outpatient estab. patient visit, level undetermined</td>
</tr>
</tbody>
</table>
Other Examples

- Thyroid Disease (Hyperthyroidism)
  - O99.280-O99.283 & E05.90 or E05.91
- Thyroid Disease (Hypothyroidism)
  - O99.280-O99.283 & E03.9
- Tobacco Use
- Echogenic Focus of Bowel
  - O35.8XX0-O35.8XX9 & O28.3 (Abnormal ultrasonic finding on antenatal screening of mother)
- Echogenic Focus of Heart
  - O35.8XX0-O35.8XX9 & O28.3 (Abnormal ultrasonic finding on antenatal screening of mother)
Fetal anomalies

- Maternal care for (suspected)...
  - O35.0XX- Central nervous system malformation
  - O35.1XX- Chromosomal abnormality
  - O35.2XX- Hereditary disease in fetus
  - O35.3XX- Damage from viral disease
  - O35.4XX- Damage from alcohol
  - O35.5XX- Damage by drugs
  - O35.6XX- Damage by radiation
Fetal anomalies

- Maternal care for (suspected)...
  - O35.7XX- Damage from other medical procedures
  - O35.8XX- Other fetal abnormality and damage
  - O35.9XX- Fetal abnormality and damage, unspecified

- There is an Excludes 1 note precluding the use of Z03.7-codes
The Most Common MFM Diagnosis Coding Errors
Common Errors

1. Wrong “fetus number” associated with 7-character diagnosis codes
2. Fetal conditions assigned to the mother
3. Incorrect cesarean section diagnosis codes
4. Selecting a diagnosis from the incorrect stage of pregnancy
5. Not using a primary diagnosis from Chapter 15 (“O” codes)
6. Lack of specificity in diagnoses
1. Wrong fetus number

• The purpose of the 7th character is to reflect the "affected" fetus

<table>
<thead>
<tr>
<th>Pregnancy</th>
<th>7th Character</th>
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</thead>
<tbody>
<tr>
<td>Singleton/Unspecified</td>
<td>0</td>
</tr>
<tr>
<td>Twin</td>
<td>1 and/or 2</td>
</tr>
<tr>
<td>Triplet</td>
<td>1, 2, and/or 3</td>
</tr>
<tr>
<td>Quadruplet</td>
<td>1, 2, 3, and/or 4</td>
</tr>
<tr>
<td>Quintuplet</td>
<td>1, 2, 3, 4, and/or 5</td>
</tr>
<tr>
<td>Other fetus</td>
<td>9</td>
</tr>
</tbody>
</table>
2. Fetal condition assigned to the mother

- Fetus is diagnosed with Down syndrome.
- Diagnosis **Q90.9  Down syndrome, unspecified**, is assigned.
- There are two patients.
- The correct diagnosis:
  - **O35.1XX0  Maternal care for (suspected) chromosomal abnormality in fetus**
3. Incorrect cesarean diagnosis

• Every cesarean delivery is reported with:
  • O82  Encounter for cesarean delivery without indication

• The correct diagnosis:
  • O76  Abnormality in fetal heart rate and rhythm...
  • O32.1XX0 Maternal care for breech presentation
  • O34.212 Maternal care for vertical scar from previous cesarean delivery
  • O44.03 Complete placenta previa NOS or without hemorrhage
4. Selecting a diagnosis from the incorrect stage of pregnancy

<table>
<thead>
<tr>
<th>Condition</th>
<th>In childbirth</th>
<th>In the antepartum period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abnormal fetal heart rate</td>
<td>076</td>
<td>O36.8330</td>
</tr>
<tr>
<td>Vasa previa</td>
<td>O69.4XX0</td>
<td>O43.893</td>
</tr>
<tr>
<td>Fever</td>
<td>O75.2</td>
<td>O99.891/R50.9</td>
</tr>
<tr>
<td>Presentation/Obstructed Labor</td>
<td>O64.1XX0</td>
<td>O32.1XX0</td>
</tr>
<tr>
<td>Hemorrhage</td>
<td>O67.8</td>
<td>O46.8X3</td>
</tr>
</tbody>
</table>
5. Not using a primary diagnosis from Chapter 15

- U07.1 COVID-19
  - O98.513 Other viral diseases complicating pregnancy...
- D62 Acute posthemorrhagic anemia
  - O90.81 Anemia of the puerperium
- A56.02 Chlamydia vulvovaginitis
  - O98.313 Other infection with a predominantly sexual mode of transmission, complicating pregnancy, 3rd trimester
- J12.89 Other viral pneumonia
  - O99.513 Diseases of the respiratory system complicating pregnancy, 3rd trimester
6. Lack of specificity in diagnoses

- **O24.419** Gestational diabetes mellitus in pregnancy, unspecified control
  - **O24.410** Diet controlled
  - **O24.414** Insulin controlled
  - **O24.415** Controlled by oral hypoglycemic drugs
- **O34.219** Maternal care for unspecified type scar from previous cesarean delivery
  - **O34.211** ...low transverse scar
  - **O34.212** ...vertical scar
  - **O34.218** ...other type scar
6. Lack of specificity in diagnoses

- O10.019 Pre-existing essential hypertension complicating pregnancy, unspecified trimester
  - O10.011 ...first trimester
  - O10.012 ...second trimester
  - O10.013 ...third trimester

- Z34.90 Encounter for supervision of normal pregnancy, unspecified
  - Z34.0- ...normal first pregnancy
  - Z34.8- ...normal other pregnancy
ICD-10-CM Changes for 2022

Effective 10.1.21
## Code Changes for 2022

<table>
<thead>
<tr>
<th>New Codes</th>
<th>New Options</th>
<th>New Revisions</th>
<th>Deleted Codes</th>
<th>Deleted Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>131</td>
<td>328</td>
<td>78</td>
<td>7</td>
<td>90</td>
</tr>
</tbody>
</table>
Chapter 15 (O00 – O9A)

• No added, deleted, or revised codes

• 2 minor editorial changes (revisions) in “use additional” code related to deep vein thrombosis
Chapter 5 (F01-F99)

- An important new code in F32

  - F32.A Depression, unspecified
    - Depression NOS
    - Depressive disorder NOS

- Previously, a debate between F32.9 and F33.9
Chapter 13 (M00-M99)

BEFORE
• M54.5
  Low back pain

AFTER
• M54.50
  Low back pain, unspecified
• M54.51
  Vertebrogenic low back pain
• M54.59
  Other low back pain
Chapter 18 (R00-R99)

BEFORE
• R05  Cough

AFTER
• R05.1  Acute cough
• R05.2  Subacute cough
• R05.3  Chronic cough
• R05.4  Cough syncope
• R05.8  Other specified cough
• R05.9  Cough, unspecified
Chapter 18 (R00-R99)

- R45.8 Other symptoms and signs involving emotional state

- New Code
  - R45.88 Nonsuicidal self-harm
    Code also injury, if known
Chapter 22 (U00-U85)

- U07.0  Vaping-related disorders
- U07.1  COVID-19
- New Code
- U09.9  Post COVID-19 condition, unspecified

**Code first,** the specified condition related to COVID-19, if known, such as:

- Chronic respiratory failure (J96.1-)
- Loss of smell (R43.8)
- Loss of taste (R43.8)
- Multisystem inflammatory syndrome (M35.81)
- Pulmonary embolism (I26.-)
- Pulmonary fibrosis (J84.10)
Chapter 21 (Z00-Z99)

• Important note change

• Z3A  Weeks of gestation
  • Previous note:
    • Code first
      Complications of pregnancy, childbirth, and the puerperium (O09-O9A)
  • New note:
    • Code first
      Obstetric condition or encounter for delivery (O09-O60, O80-O82)
  • Do not assign a Z3A code to O00-O08, or Z33.2
Chapter 21 (Z00-Z99)

- Z71.8 Other specified counseling
- New Code
- Z71.85 Encounter for immunization safety counseling
  - Code also, if applicable, encounter for immunization (Z23)
  - Code also, if applicable, immunization not carried out (Z28.-)
Diagnosis or treatment significantly limited by social determinants of health

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
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<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Z55</td>
<td>...education and literacy</td>
<td>Z62</td>
<td>...upbringing</td>
</tr>
<tr>
<td>Z56</td>
<td>...employment and unemployment</td>
<td>Z63</td>
<td>...primary support group, including family circumstances</td>
</tr>
<tr>
<td>Z59</td>
<td>...housing and economic circumstances</td>
<td>Z64</td>
<td>...certain psychosocial circumstances</td>
</tr>
<tr>
<td>Z60</td>
<td>...social environment</td>
<td>Z65</td>
<td>...other psychosocial circumstances</td>
</tr>
<tr>
<td>Level of Medical Decision Making</td>
<td>Number of diagnoses or management options</td>
<td>Amount and/or complexity of data to be reviewed</td>
<td>Risk of complications and/or morbidity or mortality</td>
</tr>
<tr>
<td>----------------------------------</td>
<td>-------------------------------------------</td>
<td>-----------------------------------------------</td>
<td>---------------------------------------------------</td>
</tr>
<tr>
<td>Straightforward (99202, 99212)</td>
<td>Minimal</td>
<td>Minimal or None</td>
<td>Minimal risk of morbidity or mortality from additional diagnostic testing or treatment</td>
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<tr>
<td>Low complexity (99203, 99213)</td>
<td></td>
<td>Limited (1 of 2)</td>
<td>Low risk of morbidity or mortality from additional diagnostic testing or treatment</td>
</tr>
<tr>
<td>Moderate complexity (99204, 99214)</td>
<td>Moderate</td>
<td>Moderate (1 of 3)</td>
<td>Moderate risk of morbidity or mortality from additional diagnostic testing or treatment Examples:</td>
</tr>
<tr>
<td>High complexity (99205, 99215)</td>
<td>High</td>
<td>High (2 of 3)</td>
<td>High risk of morbidity or mortality from additional diagnostic testing or treatment Examples:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 self-limited or minor problem</td>
<td>Diagnosis or treatment significantly limited by social determinants of health.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2 or more self-limited or minor problems OR</td>
<td>Drug therapy requiring intensive monitoring for toxicity</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 stable chronic illness OR</td>
<td>Decision regarding elective major surgery with identified patient or procedure risk factors</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 acute, uncomplicated illness or injury</td>
<td>Decision regarding emergency major surgery</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Limited</td>
<td>Decision regarding hospitalization</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Low complexity (99203, 99213)</td>
<td>Decision not to resuscitate or to de-escalate care because of poor prognosis</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Moderate</td>
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<td>High</td>
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</tr>
<tr>
<td></td>
<td></td>
<td>High (2 of 3)</td>
<td></td>
</tr>
</tbody>
</table>
Z55  ...Education and literacy

• New Code
• Z55.5  Less than a high school diploma
  No general equivalence degree (GED)

• New Category
• Z58  Problems related to physical environment
• Z58.6  Inadequate drinking-water supply
Z59    Housing and economic circumstances

BEFORE
• Z59.0  Homelessness

AFTER
• Z59.00  Homelessness, unspecified
• Z59.01  Sheltered homelessness
• Z59.02  Unsheltered homelessness
Z59 Housing and economic circumstances

**BEFORE**
- Z59.4 Lack of adequate food

**AFTER**
- Z59.41 Food insecurity
- Z59.48 Other specified lack of adequate food
Z59 ...Housing and economic circumstances

BEFORE
• Z59.8 Other problems related to housing and economic circumstances

AFTER
• Z59.81 Housing instability, housed
  • Z59.811 ...w/risk of homelessness
  • Z59.812 ...homelessness in past 12 months
  • Z59.819 ...unspecified

• Z59.89 Other problems related to housing and economic circumstances
QUESTIONS?

about Coding Basics and ICD-10?